

2012 Run for the Roses 5K Registration

First Name:	
Last Name:	
Address:	
City, State, Zip:	
Email Address:	
Date of Birth:	
Age on 2/12/12:	

T-SHIRTS:

T-shirts may run small. We will not be using Zorrell Brand shirts that are traditionally run smaller in size. In order to receive a T-Shirt your registration must be received by 2/1/12.

<input type="checkbox"/>	Adult XS	<input type="checkbox"/>	Adult S	<input type="checkbox"/>	Adult M	<input type="checkbox"/>	Adult L	<input type="checkbox"/>	Adult XL	<input type="checkbox"/>	Adult 2XL	<input type="checkbox"/>	None
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EVENT:

x	Event	Fee
	5K Individual Entry - Non NCRC	\$25
	5K Co-Ed Entry - Non NCRC	\$25
	5K Individual Entry - NCRC Member	\$22
	5K Co-Ed Entry - NCRC Member	\$22

Make all checks payable to NCRC.

Mail before 1/31/12 to : NCRC, PO BOX 97336, Raleigh, NC 27624

WAIVER: I know that running a road race is a potentially hazardous activity. I should not run unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event. Including, but not limited to: falls, contact with other participants, effects of the weather including heat an/or humidity, traffic, and the condition of the road or trail, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself or anyone entitled to act on my behalf, waive and release NCRC, RRCA, Halifax Community Center, Jim Young, Young & Associates, and all sponsors, their representatives and successors from all claims or liabilities of any kind resulting from my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purpose. I understand that bicycles, skateboards, baby joggers and strollers, roller skates or blades, animals, and radio headsets are not allowed in the race, and I will abide by these guidelines. Race will be held rain or shine. **NO REFUNDS WILL BE GIVEN .**

Signature: _____ **Date:** _____

Signature of Parent or Guardian if Participant is under 18

Date: _____