
September Series Coming. . .

Thursdays in September

September 6, 13, 20, 27
at 6:00 PM

All runs start from the Carolina Ale House

(near the Longbranch Saloon)

512 Creekside Drive, Raleigh, NC

Parking in back of Carolina Ale House

- Run the beautiful Capital Area Greenway.
- Four run distances — a new one each week.
- 5K option available each week.
- Drinks available, maybe food.
- Runs go on rain or shine, except in cases of lightning.
- Every week a post-run (non-sponsored) social at Carolina Ale House for those interested.
- Series party after the run on the final week — NCRC buys appetizers!
- Did we mention great door prizes?

Series sponsored by NCRC and New Balance Stores

