

HAVE YOU RUN A GREAT RACE LATELY? WOULD YOU LIKE TO SUBMIT YOUR STORY?



Please read the following info for submitting your contents for the newsletter:

Send to newsletter@ncroadrunners.org

Race Reports: 300-500 word limit

Please include photos: Photos should be saved as high-quality. There is a difference in quality if the photo is downloaded from a website as it is only 72 dpi. *This is not print quality.*

Send your story as a Word document. Please use Garamond font (if possible) in font size 11. And use only ONE space between sentences. (Two spaces was the norm back in the days of IBM Selectric typewriters.)

Editor's Note: These are small requests, but this will speed things up for me. And, as an editor, I do edit things out to fit our page count. I also do design work on your race reports, so I do not need to receive your content formatted in any way (like underlined, italicized, bold, paragraph indents, tables, etc.).